

Digestive Relief

Maintaining a healthy gut is essential to leading a healthy life and licorice flavonoids have been shown to have beneficial activity for digestive complaints. **GutGard®** is a flavonoid rich bioactive from licorice that is clinically researched for daily digestive health and offers digestive support for upset stomach, overeating, nausea, upper abdominal pain, heartburn, and reflux. In a study of 50 participants, all diagnosed with functional dyspepsia, **GutGard®** (75 mg/ twice daily) or a placebo was given for 15 days, with a 30-day follow up. From the **GutGard®** group, 60% reported symptom free to moderate resolution of symptoms, as compared to none in the placebo group. Another RCT study showed **GutGard®** demonstrated a 41 % reduction in load H.pylori compared to placebo and a reduction in reflux and other symptoms.

GutGard® improves gastric motility and leaky gut, improves gut immunity and reduces gut inflammation.

Advantages:

- Clinically studied for functional dyspepsia, heartburn, and H. pylori
- Standardized to contain 10 % total flavonoids by HPLC.
- Helps to balance the microbiome and works as a gastric protectant.
- Rich in bioactive flavonoids with >50 flavonoids identified.
- Ultra-low glycyrrhizin to ensure safety.
- Low dose: 150 mg/day

Applications:

- A wide range of digestive health products in all formats- gummies, soft gels, effervescent, shots, powders and more
- Can be combined with probiotic strains for improving gut integrity and efficacy
- Compatible with digestive enzymes for synergy
- Neutral in taste
- Ultra-low water activity

Certifications:

Kosher, Halal



