GERNUTT

TigerNut is an excellent combination of insoluble fiber and resistant starch. It is a source of vegetable proteins with high biological value (14% arginine) and is a great source of antioxidants. It has a prebiotic effect, as it reaches the colon without being absorbed, fermenting and serving as food for the microbiota of the intestine. AIDP offers TigerNut in several forms including flour, sliced and peeled.

PRODUCT FACTS:

Advantages:

- Digestive health benefit
- Supports satiety
- Low glycemic response

Applications:

- Supplement powders
- Beverages
- Baked goods & bars

Certifications:

- Non-GMO Project Verified
- Gluten Free
- Organic



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