



Balances the Biome

PreticX® is a non-digestible xylooligosaccharide (XOS) with strong clinical support from UCLA on reconditioning the gut and supporting healthy metabolic functions. A UCLA study noted a significant difference between the microbiome of healthy vs. prediabetic individuals. PreticX® significantly reduced the bad bacteria present in prediabetes microbiome while increasing the good bacteria. In addition, PreticX® has a unique ability to promote a superior microbiome balance by increasing Bifidobacterium, while optimizing the Firmicutes/Bacteroidetes ratio. This supports the beneficial role PreticX® takes in overweight and prediabetic individuals.

A major advantage of PreticX® is clinical efficacy at a low, 1-gram dose that lends to high tolerability and a positive safety record.

PreticX® XOS's chain composition creates a unique and robust prebiotic effect. Other XOS materials, produced via different processes, result in distinct compositions, benefits and dosage. Claims can only be made from human clinical studies completed on a specific XOS and cannot be borrowed from the literature. PreticX® XOS has over 12 published human studies, significantly more than any other XOS ingredient.

Approved Claims

- Prebiotic/A source of prebiotic
- Helps support intestinal/gastrointestinal health
- Benefits/increases levels of healthy GI bacteria such as Bifidobacteria
- Helps stimulate the growth of healthy bacteria (such as Bifidobacteria) in the intestine/gut
- Supports healthy metabolic function
- Helps support and maintain a healthy digestive system
- Helps improve bowel/intestinal regularity
- Helps provide gentle relief of constipation and diarrhea/bowel irregularity



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**Digestive
Health**

An illustration of a human digestive system, including the stomach, small intestine, and large intestine, rendered in a light green, semi-transparent style. The background features a grid pattern and a blue-to-green gradient.



PRODUCT FACTS:

Advantages:

- Increases the number of Bifidobacteria in the colon
- Provides metabolic reconditioning by optimizing Firmicutes/Bacterioidetes ratio
- Positive impact on serum cholesterol, triglycerides and glucose concentrations
- Well tolerated to promote intestinal regularity and maintain good digestive health

Applications:

- Human clinical studies support low dosage of 1g/day
- Suitable for capsules, tablets, stick packs and liquids
- Mild, neutral and slightly sweet flavor
- Stable at broad pH (2.3–8.0) and temperature range (80–120°C)
- Food, bakery and functional beverage applications

Certifications:

- FDA GRAS
- EFSA Novel Food Approved
- Health Canada Approved
- NDI
- Structure/Function Claims with FDA No Objection
- Non-GMO Project Verified
- Organic



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PreticX® is a registered trademark of AIDP.

A stylized, glowing illustration of a human digestive system, including the stomach and intestines, set against a background of a green grid pattern.

**Digestive
Health**